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THE THUNDERBIRD JOURNAL

Security Branch Newsletter



Canada

FALL 1985

THE THUNDERBIRD JOURNAL



EDITORIAL POLICY

The Thunderbird Journal, a Security Branch Newsletter, is to be published quarterly and is an authorized DND Periodical in accordance with CFAO 57-12.

The aim of the Thunderbird Journal is to provide a focal point for the wide array of Branch activities, to be informative and educational, and to foster professionalism and esprit de corps.

Items suitable for publication in the Journal will vary in terms of topics and format but can include both items of Branch-wide interest as well as more informal reports of local events. Content must be suitable for publication in a journal representative of the Security Branch. Articles may be submitted directly by base/station Security Officers, Detachment Commanders, or a representative of a Military Police Militia Unit, to the Directorate of Security, subject to the approval of appropriate command or SIU Headquarters as applicable.

Letters to the editor, questions, or editorial comment will be welcomed, however, readers are reminded that such items must relate to Security Branch activities rather than matters which are more properly addressed elsewhere, for example, in the Personnel Newsletter, etc.

PUBLICATION SCHEDULE

Season	* Final date for receipt of articles, letters, etc. by D Secur		Publication Date
Winter	15 Nov		30 Jan
Spring	15 Feb		30 Apr
Summer	15 May		30 Jul
Fall	15 Aug		30 Oct

There is a ten week lead time for submission of articles to D Secur. This remains as the absolute minimum time necessary to meet the publication schedule allowing for translation, word processing and subsequent printing. Your adherence to these time restrictions would be greatly appreciated.

Any future articles should be forwarded to:

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FALL 1985

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COVER PHOTO

Handover of DSecur and Branch Advisor responsibilities from Col R.T. Hall to Col A.H. Stevenson effected with the symbolic exchange of Military Police badge number "one".

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Col A.H. Stevenson, CD

Notes from the Director Security

As this is my first opportunity to address readers of the *Thunderbird Journal* I would like to comment briefly on a few topics which I consider important to the Branch.

First, however, I would like to acknowledge and express my sincere appreciation to all those who called or sent congratulatory messages and wishes for success on my promotion and appointment as Director Security. I want to assure you that I do not take lightly either the confidence placed in or the challenge facing me. I am most grateful and reassured by your good wishes and promises of support.

Second, I wish to pay tribute on behalf of the Branch to the outgoing Director, Col R.T. Hall. He held the very demanding post of Director and Branch Advisor considerably longer than any of his predecessors. Under his leadership, during that tenure, the Branch has advanced and witnessed a number of accomplishments in many important areas. These speak for themselves, but I would also add that I know of no one who has demonstrated a deeper, more abiding interest in our Branch and concern for its personnel. His mark will remain with us for many years and on behalf of all Branch members I want to assure him of our gratitude and extend best wishes for future success.

In my capacity as Director in the coming months I will be looking closely at all our activities including training, environmental commitments and specialty responsibilities to assure myself that we are meeting the current need of commanders. A comprehensive review such as I plan will have to be a collective effort for which I intend to establish close communication with all senior security advisors and COs of the Branch.

There are many challenges facing us which we can only meet successfully if we maintain the same resolve and spirit of innovation that we have demonstrated in the past. Not the least of these challenges is the return to three uniforms. While I would not attempt to diminish the impact of this

development on a support role such as ours, I look forward to its implementation with optimism in the context of its benefit to the Forces as a whole. It is difficult to predict with certainty at this juncture what the ultimate effect will be, but it will be my aim, regardless of the final outcome, to maintain the integrity and unity of the Security Branch.

As Branch Advisor I will be directing my influence initially towards increasing the involvement of the Branch Council in those matters coming within its purview. In particular, I consider it important to maintain the structure it provides for obtaining assistance and maintaining consultation with senior retired members in meeting Branch goals. In this regard I also wish to build on the success that our relatively young Military Police Association has achieved. It has grown into a viable and active organization made possible only through the hard work and dedication of many persons, both serving and retired. I want to maintain that impetus with the ultimate goal of having one hundred per cent participation of regular and reserve force members and representation by increasing the numbers of retired members.

The Security Branch, as much as any other organization within the Canadian Forces can describe its role not only as unique, but one that is highly demanding. The developments taking place today through the enactment of new legislation which impacts directly on security and law enforcement, have made us more accountable than ever before. We can only remain effective by continuing to increase our technical and professional standards. I expect the full commitment of all personnel in achieving that goal.

I look forward to meeting personally with as many of you as possible in the coming months and communicating with you in future issues of the *Journal*.



General

International Military Police News

Submitted by Captain P.H. Jenkins

This column is dedicated to news about police forces on the international scene. Some of thosefortunates who have served in UNFICYP may know

the author of this article, Major H. Mathiesen, currently the MP Staff Officer in Denmark, who served with the UNFICYP MP Coy in 1969 and 1974.

Many of you probably did not know that the Danish MP School runs a course designed for all Scandinavian MP going to a UN posting.

United Nations Military Police Course — UNMILPOC

by Major H. Mathiesen, Staff Officer
Danish Military Police

BACKGROUND

In the early sixties the four Scandinavian Ministers of Defence agreed to establish a joint UN Stand-by Force consisting of five infantry battalions and several special units. This force is available for UN taskings at any time, either complete or partially, depending on the requirement.

Training of personnel is a national responsibility while training of key personnel takes place on a joint Nordic basis. The following special UN courses are given by the Nordic countries:

- a. Denmark — MP course (3 weeks);
- b. Finland — Observer course (4 weeks);
- c. Norway — Movement control course (2½ weeks);
— UN logistics course (2 weeks);
- d. Sweden — HQ staff course (4 weeks); and
— Observer course (4 weeks).

The UN MP course was established in 1969 and to date 161 officers and 236 NCOs from the Nordic countries have passed the course given at the Danish MP School, prior to going to UN posts. Separate officer and NCO courses are given in order to train students to a level appropriate with the student's rank and future function within a UN MP unit.

MP OFFICER's COURSE

The aim of the course is to impart such knowledge and attitudes

to the student so that he is able to perform MP officer functions in an MP unit within an operational UN area. The course includes:

- a. planning and execution of MP services to maintain law, order and discipline within the authority given by the UN. When deploying troops into a new UN area, the officer, in concert with local police and health officials, should be able to advise necessary authorities with respect to residence permits and freedom of movement. He should also assist commanders in preparing and issuing such regulations;
- b. traffic control measures including traffic regulations, traffic accident investigations and traffic code violations;
- c. MP Administration including preparation and submission of reports, statistics and summaries;
- d. co-operation with local police, MP units from other UN contingents, and UN civilian police; and
- e. police involvement in the control of large scale demonstrations and riots.

MP NCO's COURSE

The aim of the course is to impart such knowledge and attitudes to the student so that he is able to perform MP Shift Commander functions in an MP unit within an operational UN area. The course includes:

- a. maintenance of law, order and discipline within guidelines given by the UN MP unit;
- b. traffic control measures including traffic regulations, accident reports and speed checks;

- c. MP station routine including report writing, taking statements, etc;
- d. cooperation with local police, UN civilian police and personnel from other units; and
- e. crowd and riot control.

COURSE CONTENT

The course consists of a number of subjects, broken down as follows:

General Orientation (10 lessons). This subject provides the student with a knowledge of the special conditions under which UN service is performed, a general orientation about UN peacekeeping activities and specific historical, political, climatic and social conditions within potential operational areas. Specific points include:

- a. UN organization, tasks and activities;
- b. Geneva Convention;
- c. UN peacekeeping activities;
- d. Nordic UN Stand-by Force, organization and tasks;
- e. review of potential UN theatres;
- f. authority of UN forces, mainly related to current operational areas, including relations with the civilian population and local authorities; and
- g. psychological reactions during combat and under isolated conditions.

Military English (15 lessons). The aim of this subject is to improve the student's knowledge of English in order to perform necessary MP administrative and operational duties within a UN MP unit. Lessons include:

- a. military English, including addressing superior officers, knowledge of military ranks and abbreviations;

- b. common terms in military and civil justice;
- c. common terms relating to traffic control and accidents; and
- d. terms used in MP reports.

MP Operations (40 lessons). This subject gives the student the necessary background to perform as Commanding Officer, Second-in-Command or Platoon Leader within a UN MP unit. It includes:

- a. organization of UN MP units during former and current UN operations;
- b. authority of UN MP;
- c. importance of MP for maintaining the authority and reputation of the UN force;
- d. principles for establishing co-operation with UN and local authorities;
- e. principles of preventive MP operations in a UN operational area;
- f. planning and establishing an MP station in a UN area;
- g. planning and execution of traffic control activities;
- h. investigating traffic accidents and intoxicated driving;
- j. prevention and investigation of incidents of venereal disease, black marketeering and drug trafficking;
- k. controlling large scale demonstrations and riots; and
- m. employment of the Special Investigation Branch.

MP Administration (20 lessons). The aim is to enable the Commanding Officer, Second-in-Command, or Platoon Leader in a UN MP unit to organize the necessary administrative services.

Topics include:

- a. daily internal administration;
- b. channels of communications;
- c. reports and returns; and
- d. assessment of reports and preparation of related reports being forwarded to higher authorities.

Communications (20 lessons). This subject enables the student to establish and supervise a radio net and includes:

- a. common English prowords;
- b. common English procedures;
- c. current UN procedures; and
- d. establishing communications station and nets according to UN regulations.

COURSE CONDUCT

UNMILPOC instructors are mainly Danish MP Officers assisted by one officer from each of the other Scandinavian countries, all with previous service in UN MP units. Instruction is based upon actual UN regulations (SOPs, SOFAs, etc) from present missions which in 1984 included:

- a. United Nations Force in Cyprus (UNFICYP);
- b. United Nations Disengagement Observer Force (UNDOF); and

- c. United Nations Forces in Lebanon (UNIFIL).

The course language is English and students and instructors read, write and speak English from the first to the last day, even during social functions.

It is our experience that students passing this course gain sufficient background and knowledge to fulfill their assignments in MP units wherever the UN performs peace keeping missions. The Danish Military Police are proud of being host nation for this course and are particularly proud of being responsible for the conduct of the course. During the fifteen years UNMILPOC has existed most of the 424 students have been or are at this moment serving in key positions in UN MP units.

I personally served in Cyprus in 1969 and during the summer of 1974 as DCO of the UNFICYP MP Coy and I would like to end this article by sending my best regards to all friends in the Canadian Forces Military Police Branch.



MEMORIES

The correct answer to last edition's MEMORIES photo:

LAC R.J. Donovan, 1958, at #2 (F) Wing, Grostenquin, France, now Lieutenant-Colonel R.J. Donovan, CD, SSO Secur, Air Command Headquarters, Winnipeg, Manitoba. Thank you for permitting us to print the photos.

... and ... new rules for *this* edition; anyone *failing* to correctly identify the person in this edition's Memories column, *will* be posted to NDHQ DSECUR. ...



Branch Activities and Development

Off With Their (?) Heads

by Lieutenant-Commander K. McVey

As summer approached here in the Atlantic playground, the prospects of a posting or a change in position loomed larger for many people and so was the case for three MPs who had had the privilege of saving money on haircuts. No longer — as the bolt-cutters were applied to the first victim Cpl John Smith who was promoted/demoted to Officer Cadet and shipped off to CFOCS Chilliwack. With quivering moustache, knees and other unmentionable parts sat Sgt Larry (Cookie Cookie Lend me your comb) Etherington who has taken on a more sedate but equally important uniformed position in Security Clearances. The last victim, Leading Seaman Wayne McKenzie could not stand the pain of anticipation any longer and, with a tear in his eye, was given a last minute stay of execution when, on both knees, he pleaded to the SSOA (Senior Security Officer Afloat) that his strength would be gone if his cute and curly "Cheveux" was contemporaneously chopped. In a fleeting moment



of compassion rarely experienced, the SSOA relented and the Cape Breton version of Samson was allowed to return to his Delila (Sgt Oicle) and the

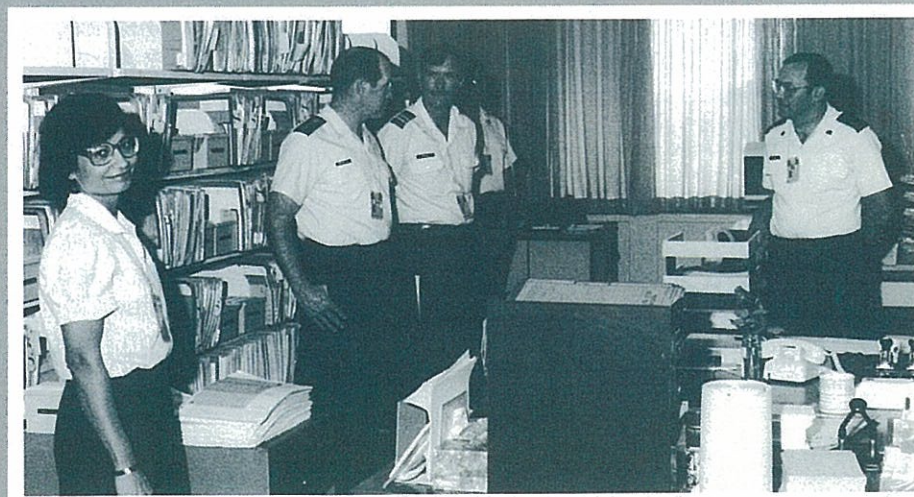
rest of the squad once more. Ultimately, the axe fell but it took three chops.

Chief Intelligence and Security Visits D Secur 3 26 Jun 85

D Secur 3 staff had the occasion to meet MGen Hewson CIS on 26 Jun when he spent a couple of hours on a familiarization visit to the Directorate security clearance "factory."

MGen Hewson realized during his visit where all these people he frequently encounters on the elevator disappear to, and what they do within the maze of files which occupy half of the entire 16th floor.

We in D Secur 3 enjoyed the opportunity to discuss our individual jobs with the General and we all gave a sigh of relief when the General was introduced to the D Secur 3 snake. Yes, Major Johnson got to keep his rank and Capt Pfahl's promotion to Major was not cancelled.



MGen Hewson discusses clearance procedures with Capt Holman while Mrs. Bhojwani, Sgt Veilleux and Sgt Lecoure (background) look on.



MGen Hewson enquiring about the job performed by Cpl Esther Lowther in the presence of Major Johnson.



CIS gets the low down from the Screening sub-section from WO Wallace. Sgt Neilson awaits his turn.



MGen Hewson meets the D Secur 3 snake. Note all the faces in the background eagerly awaiting the General's reaction. Yes, CIS does have a sense of humour.

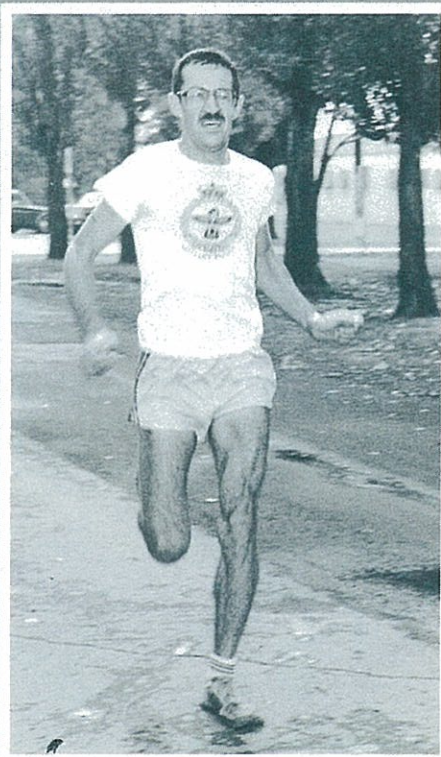
Military Police Represented at the Canadian Forces National Track Championships

On 23 and 25 October 1984, the 60 fastest runners in the Canadian Forces met at CFB Lahr, in West Germany, to take part in the National Track Championships. Two members of the military police took part in this competition: Corporal Jocelyn (Joss) Labelle, from CFB Valcartier, and Warrant Officer Michel (Charly) Gingras, from CFB Montreal. They both made honourable showings, finishing sixth and twenty-eighth respectively in the overall standings.

Congratulations!



Cpl J. Labelle

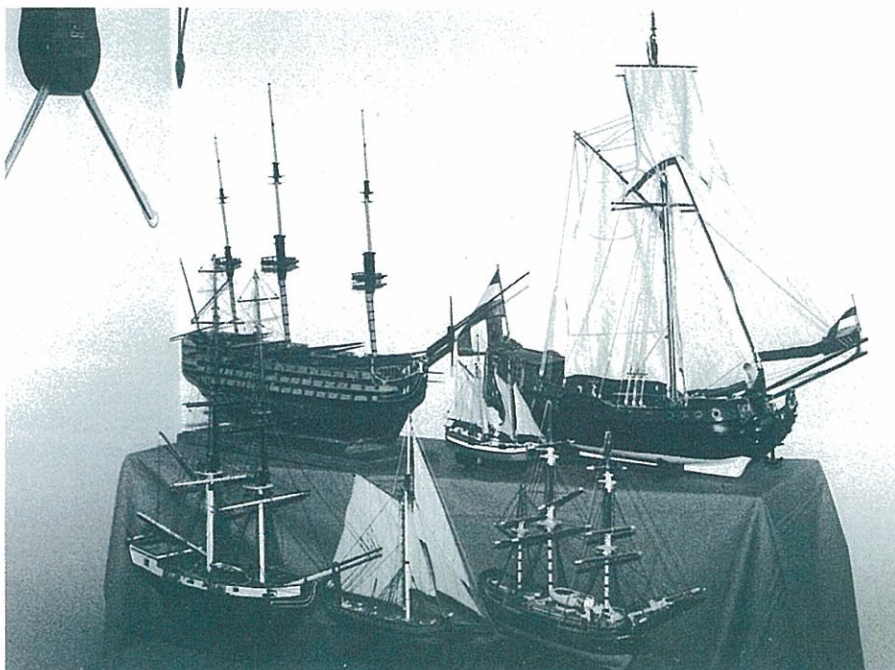


WO M. Gingras

Model Shipbuilder

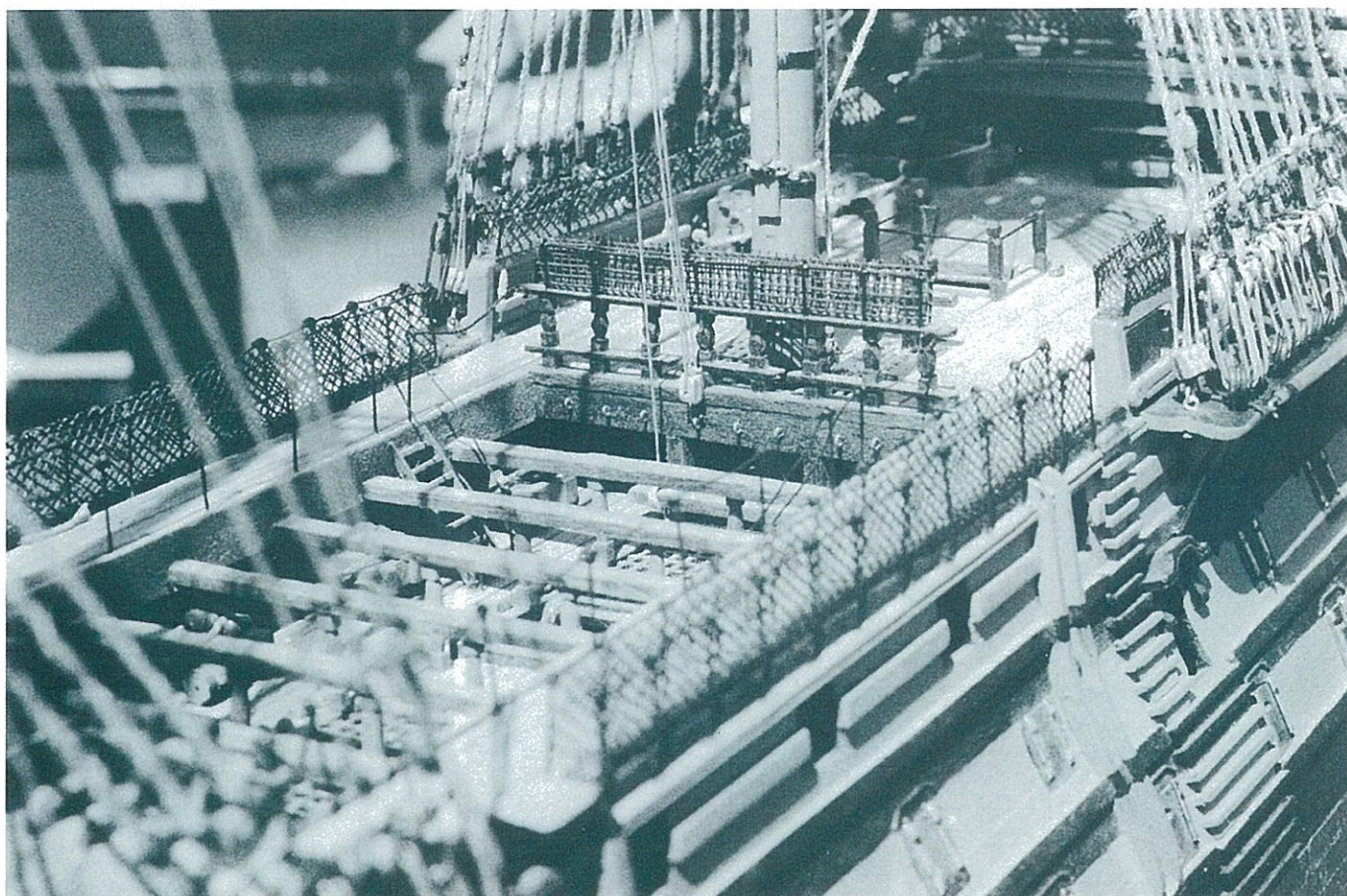
Maj Terry Seeley RCD, an officer employed with D Secur P and D, has an unusual hobby — model shipbuilding. Not from the plastic kits available in hobby shops, but hand crafted wooden sailing ships based on the original plans. As complete as possible given the 1/60 scale and approximate four foot length of some of the models, measured from bowsprit to fantail, the construction requires skill and patience, preceeded by an indepth research into all aspects of the ship. This research often requires visits to museums, intact ships and ship building sites to gather information.

The models as shown in the accompanying photographs require from six months to one year to complete. The model of HMS Victory has 2200 copper plates on the hull and required 400 meters of cord for the lines, to say nothing of a steady hand and a large dose of patience.



SELECTION OF MODELS

L to R Back Row — HMS Victory, Colonial Fishing Schooner, Staten yacht (State Yacht) Front Row — USS Triton, Anchor Hoy, HMS Bounty
 Photo by Maj Seeley



DETAIL OF HMS VICTORY

Showing centre portion of upper deck, part of the gun deck, mounting steps, midships entry, standing rigging and copper plating (lower right). Photo by Cpl D. Cannons

It's Enough to Take Your Breath Away

My name is CPL D.R. HILLMAN, MP 811, posted to NDHQ/VCDs/CIS/DSECUR 3 since May 1983. Prior to this, I was posted to NDHQ/AU — MP Detachment from Aug 80 to May 83. My jobs at these positions have mainly been administrative-oriented. Since I've passed the age of thirty, I decided to commence a regular training program on a daily basis.

For the first year, I didn't bother to log the distance I ran. However, on the 5th Jan 84, I started to keep a log of my distances run. Within thirteen months I had achieved my first goal (obtaining 1200 units from participation in aerobically-oriented activity — 1 mile = 1 unit). I submitted my name for the 1st scroll.

Since I enjoyed this activity, I decided to continue jogging and work towards the second scroll, which was the same distance but this time logged in kilometers instead of miles. Still I needed more of a goal. It was then that I inquired at the PERI office concerning a program to follow to run the National Capital Ottawa Marathon.

My training commenced at Stage II of the three stage program, since I was already running about 30 miles a week. The marathon was only two months away. The following two months sure seemed to slip quickly by. In that time I ran approximately 494 miles in preparation for the big day — May 12, 1985. I also learned to drink water while running. This was extremely important. I didn't seem to suffer any of the strange dilemmas that I had read about in the training program (such as sore calf muscles/muscle fatigue).



CPL Hillman reaching for the Finish Line

To give me the reassurance that I could do it, I always ran one or two miles more than necessary each day. My wife, Nancy, was also behind me 100% which gave me additional encouragement. During the last week of training, a cut back in the distance I ran was necessary to build up the carbohydrates in my leg muscles. In addition, I ate a lot of pasta for four days prior to the marathon.

The night before the race, I went to bed and awoke several times due to nerves and excitement I guess.

Sharp at 0850 am on May 12/85, I was at the four hour position of the marathon starting line up waiting with about 2600 other runners for the gun blast to go to commence the marathon.

The gun blast went off and the race began. At the first water stop, I grabbed only one glass of water to drink. After that, at each water stop I came to I took TWO glasses, one to drink and one to pour over my head (helps keep your body temperature down).

Some very reassuring aspects were the spectators, water stop workers, first aid stop workers, and sponge station workers cheering for you and praising you to achieve your goal and complete the Marathon. At one point after about 17 miles, I had stomach cramps and thought that this was the end. Fortunately it passed after a minute or so.

At the 20 mile water stop, I was feeling pretty good, but the distance was having its toll. This water stop was adjacent to the Supreme Court of Canada. From here, there was a steady upgrade for about 3/4 — 1 mile, passing the Parliament Bldgs on Wellington up to the Chateau Laurier Hotel. For me, this was the hardest part of the marathon. After reaching the Laurier Hotel, the running was all downhill along Colonel By Drive with about 6 miles (10 kms) to the finish line.

After the 35 km sign, each km was marked. It seemed an eternity until I saw the 42 km marker. I noticed a lot of people walking the last 5 or 6 kms. Right then, I vowed I would keep on running. Otherwise, I felt all my training would have been in vain. I was hoping after the 41 km mark I would have a little burst of energy left

for the last km in the marathon. Trying hard, I put on a big push for the last 300 meters when I saw the finish line.

I crossed the FINISH LINE checking my stop watch at 3 hrs 9 minutes. I was very relieved to have completed the marathon, but most of all very proud !!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! It was hard to stop after running so far. After I did stop, my muscles slowly began to seize up.

I would like to thank my fellow workers for all the praise of accomplishment they have given me.

If I were asked "Would you run the Marathon in Montreal in Sep 85?", my reply would be "YOU BET !!!!!" (However I think I should get a team to go from NDHQ to represent THE CANADIAN ARMED FORCES).

Editor's Note: Corporal Doug Hillman has found an excellent way to wear off his frustrations after working on security clearance processing all day; and he is beating himself a path to excellent physical shape and a great sense of personal achievement. We salute all you keen joggers in the Branch. How about forwarding us a copy of your last jogging challenge, and we will run a photo composite of Thunderbird joggers in a future edition? You run it; and we will run it. . . .

Note #2 — He did it — The Montreal Marathon in 3.13



I made it

Special Features

A Shearwater Welcome

"Base MP sections are renowned for rolling out the red carpet for their Career Managers when they make their annual visits, luncheons, fishing trips, golf games, midnight pizza (or schnitzel depending on locale) have all been offered Career Managers with a wish that certain Bases will be remembered." The MP's in CFB Shearwater made our Career Managers feel *REAL* welcome on their last visit. . . . there have to be some perks to that Career Managing job — other than working in Ottawa!"



Military Police Physical Fitness

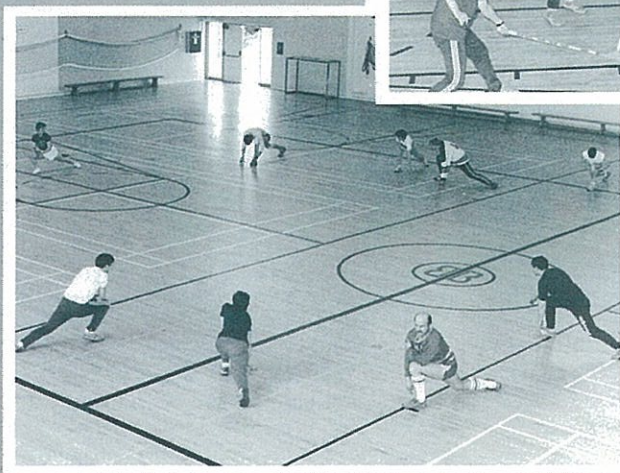
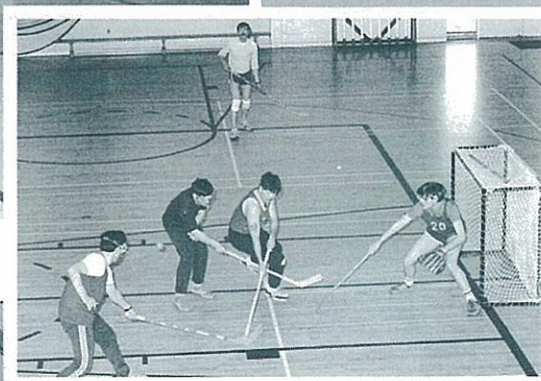
by Capt (Ret'd) Al Jones B Secur O,
CFB Borden

In June 1982, twenty-five municipal and two provincial police forces across Canada answered a questionnaire regarding the state of their members' physical fitness. The somewhat discouraging results of that questionnaire were reported in the RCMP Gazette, Vol 45, No 3, 1983.

How fit are the MPs in your Section? Do any of your MPs participate in a regular physical fitness program? If so, how many? These are questions I reviewed in March 1983 and I was surprised by the answers. Overall, the average CFB Borden Section MP was not in too bad condition; however, only twenty-five percent had any regular type of physical training program.

What could be done to remedy this situation without running head on into the old argument that, as shift workers, MPs were just not able to participate in a regular program without a direct drop in morale. This argument had been used as a ready excuse since I was first an Air Force Policeman, to never implement any type of regular fitness training.

The answer to my question came directly from civilian industry. A growing number of industries recognized that a good level of physical fitness among employees not only reduced

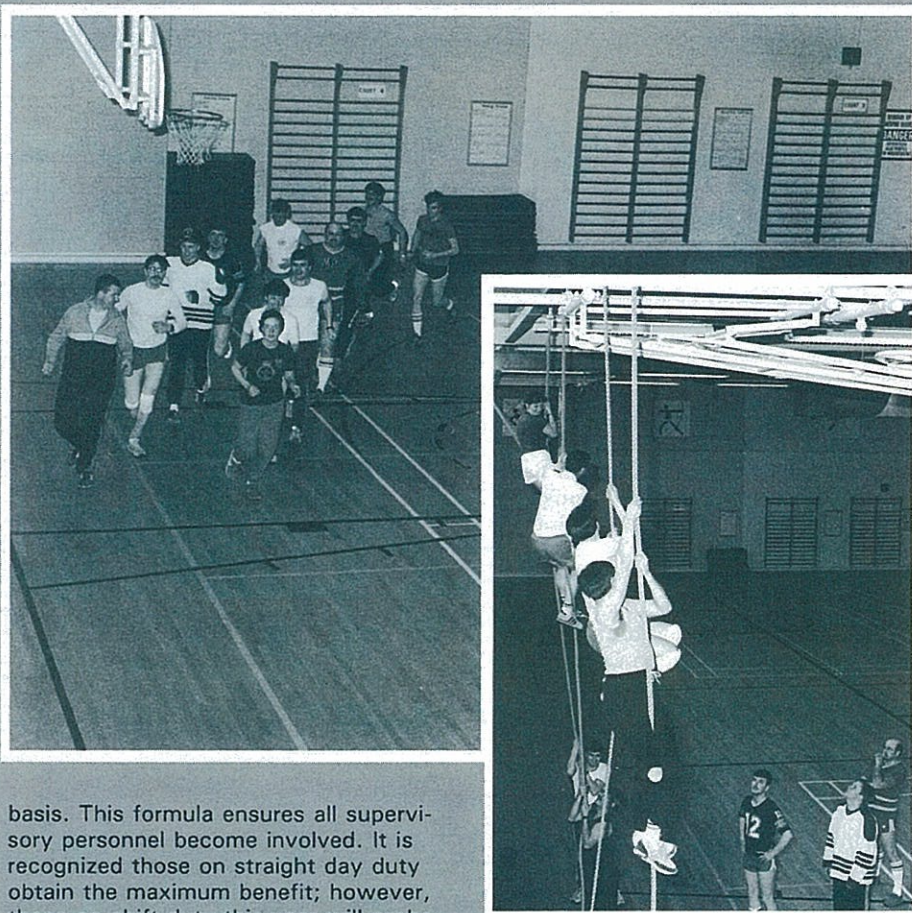


stress but also increased productivity, hence they encouraged fitness training, and some had fitness classes on company time. The concept of fitness training during duty hours is not new to the Forces, but how to do it without extending the work day for either the day staff or shift workers. To extend either of these work periods would have a detrimental effect on the enthusiasm with which the program was approached.

After reviewing several options, I spoke with my superiors who strongly supported the idea of using normal working hours, and then arranged gymnasium times with the PERI staff. The MP Section now has compulsory one hour fitness training in the afternoon three times a week. The training begins with a 15 - 20 minute warm-up given by CPI P. Hazlett, our own MP Unit Physical Training Assistant (UPTA). The intention of the warm-up is to help train for the CF EXPRESS test in addition to preparing for the vigorous sports period which follows. The overall training is designed to improve both the MP's Cardio Vascular system and increase upper body strength.

Who participates? First, and most important, the B Secur O or senior MP at the Section must lead the way! At CFB Borden, to ensure maximum participation, all day staff personnel must participate, with the exception of one investigator who supports the duty shift.

The duty shift is reduced to minimum manning and the Shift IC or 2IC must participate on an alternating



basis. This formula ensures all supervisory personnel become involved. It is recognized those on straight day duty obtain the maximum benefit; however, those on shift duty this year will probably be on straight day duty next year.

Since the start of the program we now have a trained UPTA, morale has improved, there has been no loss in productivity, we have produced an excellent floor hockey team and, most important, overall MP physical fitness has improved.

With the support of Base authorities and your active leadership as B Secur O or senior MP, this physical fitness formula cannot help but succeed.



The Custodian Course

by Cpl K.H. Hodgins

"The Slammer", "The Digger", "Crowbar Hotel"; all pseudonyms for that mysterious and little known place in Edmonton. Only a select few receive the honour of becoming intimately familiar with Canadian Forces Service Prison and Detention Barracks (CFSPDB) and most of these are not overjoyed with the idea.

However, every year, 15 to 20 brave souls actually request a two week stay in Edmonton for the express purpose of learning as much as possible about CFSPDB. They are service members on the Annual Detention

Custodian Course. They come from varied trades and units within the CF.

The Course, which is instructed by Staff members of CFSPDB, is 13 training days. It consists of 7 days of classroom instruction, 1 gruelling day of unarmed combat and 5 days of on-job training.

The Course students agree, it is indeed an eye-opener for them. It is somewhat different from working in guardrooms and detention facilities at the base level. They realize the mistakes that perhaps have been made in their systems. They also learn how to improve both the quality of the tedious

but necessary paperwork and the standard of discipline involved in a Detention Barrack.

Students leave the course with a feeling of self-confidence in their own capabilities and, of course, many new ideas and innovations to take back to their units.

Just a sample of the subjects stressed on the Custodian Course are listed below:

- Orders and Regulations
- Daily Routine
- Incarceration of Women

- Documents
- Key control
- Application of Restraints
- Drill
- Searches
- Escapes, riots, and hostages
- Misbehaviour
- Remission and Privileges
- Unarmed combat (as it relates to handling an inmate in confined spaces such as a cell)

The Custodian Course is not mandatory for working in a Unit Detention facility but course members have found it to be beneficial to themselves and to the others in their Unit Guard-rooms.

So for those of you who are looking for new and different challenges, the Detention Custodian Course might just be what you are searching for. We can guarantee you live subjects for the practical phase of the course. The course photograph of the last Custodian Course includes present staff members posted in during



the Summer 84. The remainder, about 50%, come from across Canada and CFE.

As a final comment, a posting to CFSPDB is a Branch posting. You might even convince the career manager to leave you in Western Canada

with postings from or to the CFB Edmonton Military Police Section.



Up the Down Route

by Watchdog

The Assistant Editor reminded me this morning that the Autumn edition of the *Journal* would be going off to the Printers in a matter of days with or without my column. I did plead over work combined with two weeks leave, but in truth the problem was a lack of a suitable photo around which to ruminate.

I do have a photo album of my own but it is either "Army stuff" or else is only of personal interest; I've led a rather sheltered life. I was an "Acey Deucey" years ago but that was before the invention of the box camera. All this is, of course, the usual lead-up to a request directed at the Old Guard. You must have something I could use. Why not send it in? All submissions will be acknowledged, and unlike Vanity Press, we return those not used. Photographs actually used in the *Journal* may not survive the process, so please do not send in your heirlooms. Let's hear from you people out there!

Last evening while waiting for my bus, I had a chance encounter with a

colleague who shares memories of Beirut going back over a decade. In its heyday, Beirut was the R and R centre for a variety of Canadian contingents going back to at least 1957. Over the years, it's been rare not to find at least one Canadian military policeman in the City. Indeed, there were days in recent years when Embassy military police guards, a resident Security Branch attaché and military police transients from Syria outnumbered the rest of the Canadian Forces in the country two to one. Our attaché served several appointments as acting Head of Post, while one military police sergeant concurrently acted as Post Security and Post Administrative Officer.

As an historical oddity it's one of the few occasions in modern times when the Canadian military inherited such clearly political roles. It was, of course, a first for the Branch, and maybe an only.

Our involvement in embassy security is a rapidly expanding programme. Without being too indelicate about it, the programme is designed to

improve security at those posts where other options have proven to be less viable or attractive. Embassy security work can be exciting and challenging, although like a lot of other military activities, it can also be dull for very lengthy periods. Because of the nature of the posts involved, it can also be dangerous in a variety of ways. Fortunately our casualties have been few and far between.

A good neighbour of mine in Beirut was the West German Ambassador. I heard last week that his, or rather his successor's driver was killed by militiamen who fired on embassy personnel photographing the Green Line. I was always more careful with my Box Brownie, which in part accounts for no photograph for this column and no scars on my hide for which I can't account. It's all in the wrist!

This is 28 ALPHA out to you.



Exercise Thunderbird — 85

Exercise Thunderbird 85 was an adventure training exercise, the third of an annual series, approved by D Secur. The exercise had as its objectives the teaching and practice of:

- a. canoeing in rapids and fast water
- b. camping procedures, and
- c. portaging and cordelling lining methods.

Prior to the exercise being conducted, the team members required certification as being capable of canoeing through Class II rapids. These are rapids with waves up to three feet but with wide clear channels, through which the canoist must be capable of manoeuvring his canoe. Training and certification was obtained during a two day preliminary excursion covering 30 kms on the Riviere de l'Aigle in Quebec. In the process five rapids of classes I and II and three stretches of fast water were traversed.

As a safety precaution each member was required to be medically fit, to undergo the basic swimming test, pass artificial respiration and be qualified in emergency first aid.

The morning of Friday 7 Jun 85 was sunny and warm. However as the team departed CFB Ottawa (S) and wended our way to KM63 on the Dumoine River via CFB Petawawa, Mattawa and Temiscaming, the weather deteriorated. Light rain fell during the evening. Late getting into our jump-off point due to a vehicle break-down, we did not set up our first camp until 2000 hrs. After a somewhat hurried dinner, speed aided by the appearance of mosquitos and blackflies we bedded down for the night at about 2130 hrs.

At Reveille at 0600 hrs on Saturday we were greeted by grey sky and threatening rain. After breakfast (ration packs have improved considerably), a recce of the first rapid, a Class II followed. After indicating the possibilities of several channels marked by clearly visible "Vs", and having each team explain how they would tackle the rapid, the instructors put theory into practice, both solo and as two person crews. Returning to the vantage point of the bridge, they observed each team as we descended the rapid. Standing safely on the baily bridge and much to WO Edward's chagrin, we all made it (this time) without being dumped.



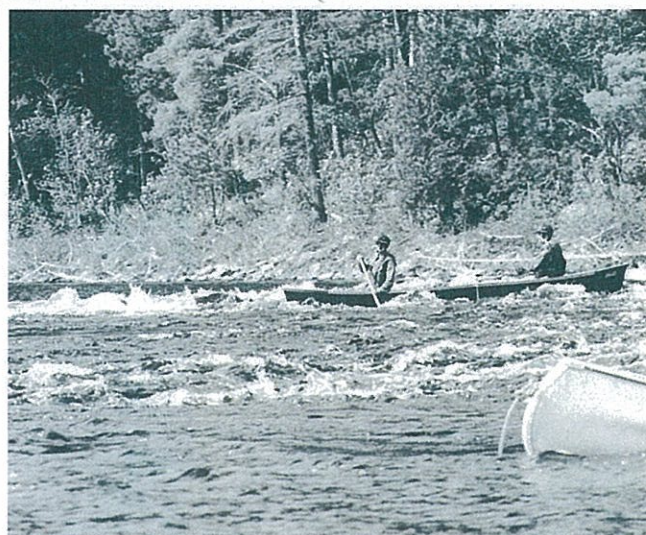
*First day.
Preparing for
the first rapid.*



First rapid.



*"I told you
not to go
this way . . ."*



Sgts Kelly and Wheeler successfully negotiating a rapid.

The remainder of the day was spent at practicing canoeing techniques and setting up camp.

The third day, Sunday, saw the teams faced with considerably more challenge. A total of 10 rapids one a Class IV and one stretch of fast water over seven km provided experience in lining our canoes (taking the canoes along the side of the river with ropes fore and aft), as well as ample opportunities to get wet, and experience the thrill(?) of going down rapids. Camp was set up at 1600 hrs after a day of intermittent sun and the occasional rain.

The fourth day saw us travelling 24 kms, and passing through 11 rapids and six stretches of fast water. While negotiating one rapid, my canoe came to grief. My partner Sgt Veilleux and I had a rather wet and bumpy ride down a couple of hundred feet of rapids to be recovered by the safety team. Fortunately all teams had portaged their kit in order to afford the canoes a better draft. The aluminum Misty River canoes had a distinct tendency to "grip" onto rocks in marked contrast to the fiberglass canoes which slide over or around rocks. In addition the keel on the aluminum canoes proved to be a disadvantage in narrow channels.

During the day we passed two disused log slides the remnants of a once prosperous primary industry. In the late afternoon, we met up with our support team at the end of the day.

Our fifth day was a day of rest. It was used to dry out, complete a re-arrangement of kit and equipment, balance canoe loads, practice canoeing techniques and do some fishing. The canoeing was practiced on a short (100 m) Class II rapid, 500 m from the camp site. The technique consisted of entering the rapid and whilst there tucking the canoe in behind a large rock (an area of calm water) to enable the canoeists to take a breather and do a further visual recce of the rapids. The team then re-entered the rapids to complete the trip.

Unfortunately our 'Isack Waltons' were not as successful as the canoeists. The tales of beautiful fishing judging from our poor catch may be exaggeration. A frustrating time for the anglers.

Day six began well enough. Quite warm as we canoed down the river to the Grande Chute, a waterfall complex dropping about 50 feet in a couple of hundred meters followed by fast water and dangerous rapids.



"I thought water was to remain on the outside . . ."

"DON'T LOOK SO HAPPY – YOU HAVE TO WRITE THE REPORT." Maj Cannons and Sgt Veilleux inspecting their damaged canoe.



View of the grande chute

*TRAFFIC CONTROL
Maj Cannons, Sgt Wheeler, MWO Mader, MCpl Macmillan (instructor)*



IF I GET CLOSER TO THE SMOKE, THERE ARE LESS BUGS or Waiting patiently for the oven to heat up

KITCHEN DUTY
Sgts Lecoure, Kelly
and Wheeler



WE SURVIVED!

L to R. Maj Cannons, Sgt Lecoure, MWO Mader, Sgt Veilleux, Maj Andrew, Sgt Wheeler, Cpl Aroz, Sgt Kelly

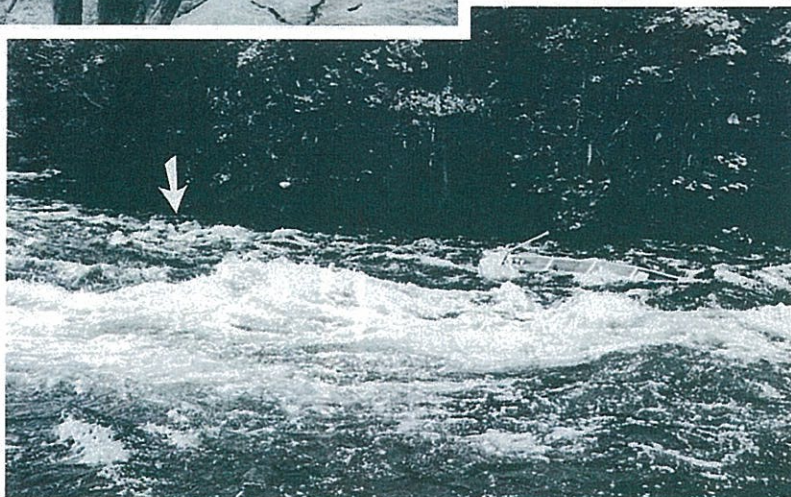
After viewing the falls, we portaged the canoes and kit over one km to a safe launch site. Lunch was taken on a promontory that afforded a splendid view looking up at the falls.

The following day we went through 12 rapids and three areas of fast water. Due to water levels the canoes were lined past some rapids. The last stop, a waterfall, we again portaged, but this time a considerably shorter distance — only 200 meters.

Day eight was principally a day of rest with some practice of canoeing techniques.

The last day was cool. A departure at 0730 hrs followed by final descent of six kms and one stretch of fast water saw the arrival of the teams at the mouth of the river where it joins the Ottawa. After paddling across the Ottawa to Lac Holden, the teams for the final time met up with the support team.

The objectives of the exercise were either met, or exceeded as some personnel qualified on a higher class of rapid. Perhaps more important it permitted members to show their initiative, to develop skills that were latent and thus not evident and lastly to enjoy ourselves in a wilderness environment.



EDITORIAL COMMENT:

This article is proof that a posting to NDHQ does not have to consist merely of "in baskets and paperwork." Editorial license permits me to publish a few additional photographs that I feel tell the whole story. . . .

Confirmed Scuttlebut

CFB Esquimalt MP "Bravo Zulu"

by Capt D.S. MacDonald

On 11 Mar 85, amid the roar of lawn mowers and spring in the air here in the Navy environment of CFB Esquimalt, MCpls Ken Bell and Paul Melanson were presented to RAdm R.D. Yanow, Commander Maritime Forces Pacific and received special recognition for past accomplishments.

MCpl Bell received his "Bravo Zulu" commendation (Maritime Command Certificate of Achievement) for his quick thinking under pressure in directing a successful search for fragments of a young girl's upper lip after she had been severely bitten about the face by a dog. Several pieces were found even though it was made extremely difficult because of the small size of the fragments and the large area of the PMQ yard to be searched. His speedy action in getting the pieces of lip to the hospital resulted in the successful re-attachment of the skin thus resulting in the absolute minimum scarring to the young girl. Also worthy of mention are the two MPs who carried out the successful search, Cpl Pat Bergin and Pte(W) Claire Beland.



MCpl Melanson receives Maritime Commander's Commendation

MCpl Melanson was presented with the Maritime Commander's Commendation for his outstanding achievements in the field of illicit drug investigation. In 1981, when Maritime Command approved investigator positions for the primary role of illicit drug investigation, MCpl Melanson became one of the original members and eventually the best. His unsurpassed achievements in this field have earned him praise of the highest order from judges, lawyers, police chiefs and senior CF officials alike. Because of his extensive experience and superior illicit drug knowledge he is regarded an



MCpl Bell receives Commander's Certificate of Achievement. L to R — RAdm R.D. Yanow, Comd MarPac, Capt(N) L.A. Dzioba, BComd CFB Esquimalt, MCpl Bell

"expert witness" by JAG Pacific Region.

His exceptional ability to perform his work under extremely stressful and dangerous conditions makes him worthy of this commendation.

"BRAVO ZULU"



Smith and Smith

By Lieutenant-Commander K. McVey

The tenth of May 85 was a very special day for the CFB Halifax MP Section and two of its members. It was a first for the base itself and believed also to be a first for the Security Branch. A husband and wife MP team were both promoted to Officer Cadet at ostensibly the same time. To mark this unique event, a rather unique procedure was undertaken at "Divisions" (naval parade). Former Corporals Smith and Smith were paraded in front of the Base Commander as Corporals and, in a ceremony not unlike the Masters Gold Tournament, were awarded their new "green" jackets by the Base Commander and the BSecurO. As is evident in the photographs, Officer Cadet John Smith was beaming with delight and, has accepted an offer to do toothpaste commercials to offset his meagre



income. Officer Cadet Gwen Smith was just as proud as she should be but had to grimace slightly trying to lift all that new heavy gold on her arm. I am sure every MP who sees this photograph and are observant, as they are trained to be, will notice that Officer Cadet G. Smith is improperly dressed, her collar dogs not matching her cap badge (hell of a way to start a new career). The reason is simple: Gwen Smith was marched on as an MP Corporal, at the insistence of the BSecurO, and marched off as a PSEL Officer Cadet. Unlike her husband, Gwen Smith has decided to leave the branch and pursue a career in a field for which she is academically qualified but bringing with her the "street psychology"

she learned as an MP, and a damn good one at that. The anticipated difficulty in co-locating two Security Officers may have had an effect on her decision to go another route. Like a good wife, she did not want to compete with her husband. She will eventually have the upper hand, however, and insist on "blind prussian obedience" from her husband who will be just getting his Commission as a Second-Lieutenant, after completing three years at University, when she is getting promoted Captain.

Those same observant MPs will notice that Officer Cadet John Smith is wearing a special pin above the right pocket button. That is the NAVY 75

Anniversary pin which, among other things, denotes the Maritime Command theme during the anniversary year of "Pride and Commitment". Officer Cadets Smith and Smith are living examples of "Pride and Commitment".

In an article of the Fall 84 edition, I said that CTV had their Smith and Smith team but I would rather have mine. I still would but, regrettably, I must lose them both but I also lose them with "Pride and Commitment".



Suspicious Confirmed:

One recent morning at NDHQ this guilty looking Staff Officer was found skulking behind his desk. Isn't he the Officer we have heard about over the years? Why, I'll bet he was the "major delay" behind that project you were awaiting approval on; or maybe he was the "major delay" behind us not getting our doo-ma-jiggy in time to fix our thing-a-ma-bob. On the other hand, it could have been the work of the ADP

Security staff in DSECUR 4 preparing a reasonably good likeness of their Major (Bob Morey). Note the NDHQ issue "IN" basket on the right; and the "OUT" basket . . . equally empty.



Military Police Fund for Blind Children

DONATION TO EDMONTON GENERAL HOSPITAL

On 22 Apr 85 a delegation of MP 811 and Sec 81 Officer from the Canadian Forces Service Prison and Detention Barracks, CFB Edmonton and SIU Section Edmonton proceeded to Edmonton General Hospital to make a presentation of \$20,000 on behalf of the Military Police Fund for Blind Children. These monies were used to purchase a WECK Ceiling mounted Ophthalmic Microscope for use in the hospital operating room.

The requirement for the microscope at the Hospital had been a long standing one, but due to lack of funds was put on the back burner by hospital authorities. Then in Fall 1983 Maj J. Haché, then Comdt of CFSPDB got together with Dr. Jim Foy Head of Ophthalmology at the Hospital and Maj Haché subsequently forwarded a submission to the MPBFC on behalf of the



Hospital. It was then agreed by the MPBF Committee that \$20,000 would be provided if the remaining \$40,000 could be found elsewhere. With this offer the Hospital authorities were able to obtain the remaining \$40,000 from the Provincial Government.

On hand to make the presentation were from left to right on the pictures, CWO G. Hennecke, UCWO/

CFSPDB; MWO L. Gebhart, A/BSecurO CFB Edmonton; Cpl Bailey, CFB Edmonton; Cpl A. Gaucher, CFSPDB; MWO P. Weed Sect Comd SIU Sect Edmonton and Maj M. Bellefleur, Comdt CFSPDB. Receiving the cheque were Dr Jim Foy, Timothy Daly and John Buski of the General Hospital Ophthalmology Department.

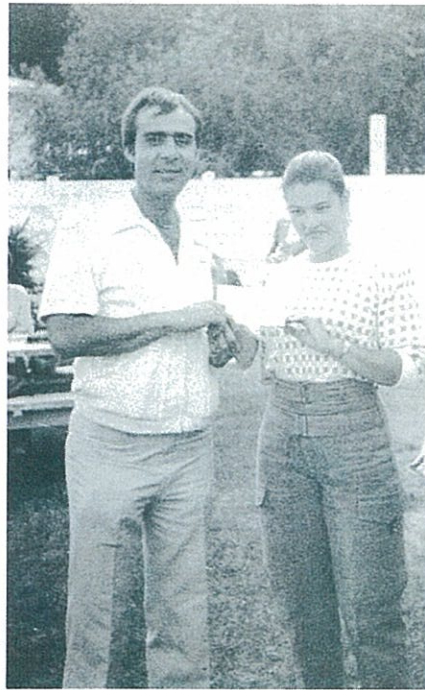
MILITARY POLICE BLIND FUND ACTIVITY — CFS BALDY HUGHES

by Cpl Morin

CFS Baldy Hughes Military Police Section had the pleasure to organize and attend the 1985 Prince George B.C. CNIB picnic.

Like every year, the Military Police of CFS Baldy Hughes, contribute to the CNIB by collecting money all year and offering it to the CNIB at the annual Prince George CNIB picnic. This year the Military Police Section was proud to offer to Mr. Gerry STOLZ, president of the Prince George CNIB a check of \$441.00.

*Cpl Morin
presenting the cheque
to Mr. STOLZ
during the picnic.*



In Memoriam

Edward C. Harper

CMPA has been advised by Mrs. Lucie Harper of the death of her husband E.C. Harper, WO 1 (ret), on 3 July 1985 in Montreal, Quebec. Mr. Harper, a member of CMPA, had served as RSM of 2 Provost Company in WW II, took part in the D Day landings in Normandy, was captured and later escaped. Following the war Mr. Harper joined the Westmount City Police Department in Quebec, and later became the Chief. Mr. Harper will be familiar to CMPA and Branch members as he was selected as the official C Pro C representative by the Department of Veteran's Affairs to participate in the 40th D Day Anniversary celebration in Normandy on 6 June 1984. His report was published as a special feature in the Fall 84 edition of the *Thunderbird Journal*. Condolences were extended on behalf of all members.

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Plaque (Branch) enamel with wooden shield	\$24.00	Tie Tacks (Gold or Silver)		MP Tracksuit & Ball Hat	40.00
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Blazer Crest	3.50	Large 6"	1.00	Securitas Lapel Stick Pin	8.50
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	8.00	Beer Stein (Ceramic)	5.00		
Charms (Gold or Silver Plated)		Mess Kit Cuff Links & Buttons	28.00		
Pig (S) & (G)	\$ 4.00	Mag Lite Flashlight			
T-Bird (G)	4.00	3 cell	38.00		
T-Bird (S)	6.00	4 cell	39.00		
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Silver Spoon with crest	5.00	Securitas Matches Box (50)	3.25		

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